

**4 DYNAMIC SESSIONS**

**1 DYNAMIC WEEKEND**

**USTJF FOURTH ANNUAL GATHERING OF WARRIORS**

WORKSHOPS IN TAIHO JUTSU FEATURING THE STAFF OF THE US TAIHO JUTSU ACADEMY, THE OFFICIAL TRAINING CENTER OF THE US TAIHO JUTSU FEDERATION

**SESSION #1: GROUND DEFENSE / SURVIVAL TECHNIQUES—FRIDAY, FROM 6 PM TO 9 PM**

**SESSION #2: FUNDAMENTALS OF TAIHO JUTSU CONTROL & ARREST TACTICS—SATURDAY, FROM 9 AM TO NOON**

**SESSION #3: GUN DEFENSE—SATURDAY, FROM 1 TO 4 PM**

**SESSION #4: EDGED WEAPON DEFENSE—SUNDAY, FROM 9 AM TO NOON**

Taiho Jutsu combines techniques of Judo, Jujutsu, Aikido, Karate and other arts into a system that complements any previous training a person may have had in the Martial Arts or Specialized Defensive Tactics. It was developed by the Japanese police for law enforcement personnel. The techniques presented are an effective means of

controlling passive resistors and combative aggressors within the guidelines of the law. They allow the participant to transition into a variety of techniques in order to stop any unacceptable behavior. For further information about the art of Taiho Jutsu, visit our website at [www.ustjf.us](http://www.ustjf.us) or call us at **773/627-4212**.

**Enroll by mail or at [www.ustjf.us](http://www.ustjf.us)  
Class size is limited.**



	BEFORE 8/01/09	AFTER 8/01/09	USTJF MEMBERS
Any 1 Session	<b>\$40.00</b>	\$50.00	\$35.00
Any 2 Sessions	<b>70.00</b>	80.00	60.00
Any 3 Sessions	<b>90.00</b>	100.00	75.00
All 4 Sessions	<b>100.00</b>	110.00	80.00

**SEMINAR AT:**  
Highwood Recreation Center  
428 Green Bay Road  
Highwood, IL 60040

**Questions? Visit our website at [www.ustjf.us](http://www.ustjf.us) or call us at 773/627-4212**

**Register Online at [www.ustjf.us](http://www.ustjf.us) or**  
Mail this form along with your check or money order for the full amount to:  
**USTJF • PO Box 8520 • Waukegan IL 60079**

Name \_\_\_\_\_ Organization \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

day phone \_\_\_\_\_ email address \_\_\_\_\_

**Registering for:**

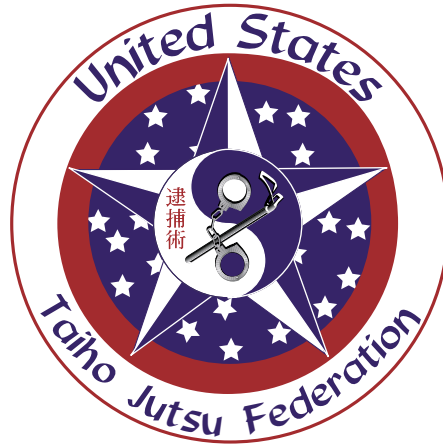
Session 1 \_\_\_\_\_ Session 2 \_\_\_\_\_ Session 3 \_\_\_\_\_ Session 4 \_\_\_\_\_

**Non member:** 1 session \$40 \_\_\_\_\_ 2 sessions \$70 \_\_\_\_\_ 3 sessions \$90 \_\_\_\_\_ 4 sessions \$100 \_\_\_\_\_

**Member:** 1 session \$35 \_\_\_\_\_ 2 sessions \$60 \_\_\_\_\_ 3 sessions \$75 \_\_\_\_\_ 4 sessions \$80 \_\_\_\_\_

Visit us at  
[www.ustjf.us](http://www.ustjf.us)

**USTJF**  
PO Box 8520  
Waukegan IL 60079



## THE FOURTH ANNUAL GATHERING OF WARRIORS

**4** DYNAMIC  
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**FRIDAY AUGUST 21**  
**SATURDAY AUGUST 22**  
**SUNDAY AUGUST 23**

### Our founder **Charles L. Plaines, Sr.,**



taught martial arts from 1961 until his death in 2006. He was a product of the US Air Force Instructor Training Program and trained armed forces instructors and police departments worldwide in combative measures and Taiho-Jutsu.

### ABOUT THE INSTRUCTORS

**Luke Gamalinda** began his career as a state law enforcement officer in 1985. He is also a Control and Arrest Tactics Instructor for state and local departments. Luke has a background in Lama Kung Fu, Kali, Shotokan Karate and Taiho Jutsu. He is the Chief Instructor for the United States Taiho Jutsu Federation.

**David Shipley** has studied martial arts since 1977. He is an ASEP Certified Leader/Level Coach and a USAKF certified referee. David's martial arts experience includes: Shotokan Karate, Tae Kwon Do, Tai Chi Chuan, Tai Mantis Kung Fu, and Taiho Jutsu. He is the director of the United States Taiho Jutsu Academy.

**Alvin Linzy** is a Vietnam veteran and a former law enforcement officer. He has a background in Goju Ryu Karate, Shotokan Karate, Tai Chi Chuan and Taiho Jutsu. Alvin is a USAKF licensed regional referee and national judge and is also an ASEP Certified Leader Level Coach. He is the President of the USTJF and is on the board of directors of the International Taiho Jutsu Federation.