



3 DYNAMIC SESSIONS

1 INTENSE DAY

USTJF FIFTH ANNUAL GATHERING OF WARRIORS

WORKSHOPS IN TAIHO JUTSU FEATURING THE STAFF OF THE US TAIHO JUTSU ACADEMY,
THE OFFICIAL TRAINING CENTER OF THE US TAIHO JUTSU FEDERATION

9-11:30 AM: FUNDAMENTALS OF TAIHO JUTSU CONTROL AND ARREST TACTICS

12:30-3:00 PM: GUN AND EDGED WEAPON DEFENSE

4-6:30 PM: GROUND DEFENSE/ SURVIVAL TECHNIQUES

Taiho Jutsu combines techniques of Judo, Jujutsu, Aikido, Karate and other arts into a system that complements any previous training a person may have had in the Martial Arts or Specialized Defensive Tactics. It was developed by the Japanese police for law enforcement personnel. The techniques presented are an effective means of

controlling passive resistors and combative aggressors within the guidelines of the law. They allow the participant to transition into a variety of techniques in order to stop any unacceptable behavior. For further information about the art of Taiho Jutsu, visit our website at www.ustjf.us or call us at **773/627-4212**.

Enroll by mail or at www.ustjf.us
Class size is limited.



	BEFORE 8/01/10	AFTER 8/01/10	USTJF MEMBERS
Any 1 Session	\$40.00	\$50.00	\$35.00
Any 2 Sessions	70.00	80.00	60.00
All 3 Sessions	90.00	100.00	75.00

Questions? Visit our website at www.ustjf.us or call us at **773/627-4212**

SEMINAR AT:
ZION LUTHERAN CHURCH
356 E. 109TH ST.
CHICAGO, IL 60628

Register Online at www.ustjf.us or
USTJF • PO Box 8520 • Waukegan IL 60079

Name _____ Organization _____

Address: _____

City _____ State _____ Zip _____

day phone _____ email address _____

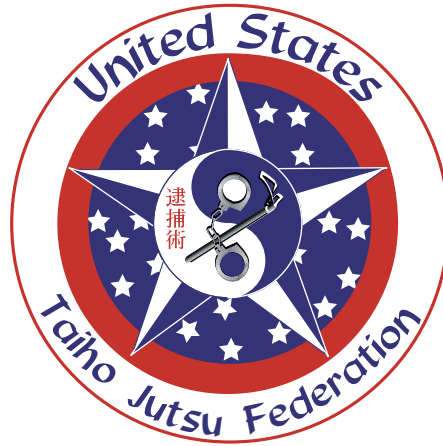
Registering for:

Session 1 _____ Session 2 _____ Session 3 _____

Non member: 1 session \$40 _____ 2 sessions \$70 _____ 3 sessions \$90 _____
Member: 1 session \$35 _____ 2 sessions \$60 _____ 3 sessions \$75 _____

Visit us at
www.ustjf.us

USTJF
PO Box 8520
Waukegan IL 60079



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**SATURDAY
AUGUST 21, 2010**

Our founder **Charles L. Plaines, Sr.,**



taught martial arts from 1961 until his death in 2006. He was a product of the US Air Force Instructor Training Program and trained armed forces instructors and police departments worldwide in combative measures and Taiho-Jutsu.

ABOUT THE INSTRUCTORS

Luke Gamalinda began his career as a state law enforcement officer in 1985. He is also a Control and Arrest Tactics Instructor for state and local departments. Luke has a background in Lama Kung Fu, Kali, Shotokan Karate and Taiho Jutsu. He is the Chief Instructor for the United States Taiho Jutsu Federation.

David Shipley has studied martial arts since 1977. He is an ASEP Certified Leader/Level Coach and a USAKF certified referee. David's martial arts experience includes: Shotokan Karate, Tae Kwon Do, Tai Chi Chuan, Tai Mantis Kung Fu, and Taiho Jutsu. He is the director of the United States Taiho Jutsu Academy.

Alvin Linzy is a Vietnam veteran and a former law enforcement officer. He has a background in Goju Ryu Karate, Shotokan Karate, Tai Chi Chuan and Taiho Jutsu. Alvin is a USAKF licensed regional referee and national judge and is also an ASEP Certified Leader Level Coach. He is the President of the USTJF and is on the board of directors of the International Taiho Jutsu Federation.